

## Course Dates and Fees 2025 Programme

### Year 1

#### Counselling Skills and Ethics Attendance Based Learning Course

This course is a requirement for anyone without basic counselling skills but wishing to study the Diploma in CBT/REBT. This course is for individuals who are new to this field of study and have no formal qualifications in counselling skills.

#### Attendance based Counselling Skills and Ethics

##### London (ABCSL2424)

Weekend 1	9 <sup>th</sup> /10 <sup>th</sup>	Nov	2024
Weekend	23 <sup>rd</sup> /24 <sup>th</sup>	Nov	2024

#### Diploma in CBT/REBT

Our courses start with the Diploma in CBT/REBT. This provides the structure, therapeutic framework and CBT skills necessary to progress to become a professional counsellor. If you are an existing practitioner or healthcare professional with qualifications in counselling skills, you are eligible (subject to an interview) for direct entry to our Diploma in CBT/REBT, which is the foundation for our training programme.

##### London (DCBTL2325)

Weekend 1	22 <sup>nd</sup> /23 <sup>rd</sup>	Feb	2025
Weekend 2	15 <sup>th</sup> /16 <sup>th</sup>	Mar	2025
Weekend 3	12 <sup>th</sup> /13 <sup>th</sup>	Apr	2025
Weekend 4	10 <sup>th</sup> /11 <sup>th</sup>	May	2025
Weekend 5	7 <sup>th</sup> /8 <sup>th</sup>	Jun	2025
Weekend 6	5 <sup>th</sup> /6 <sup>th</sup>	Jul	2025
<b>Exam</b>	<b>26<sup>th</sup></b>	<b>Jul</b>	<b>2025</b>

## Year 2

### Advanced Diploma in CBT/REBT

The Advanced Diploma in CBT/REBT builds on the clinical skills you have already gained on the Diploma in CBT/REBT. The Advanced Diploma in CBT/REBT is open to students who have completed the Diploma in CBT/REBT.

#### London (ADCBTL1225)

Weekend 1	4 <sup>th</sup> /5 <sup>th</sup>	Oct	2025
Weekend 2	1 <sup>st</sup> /2 <sup>nd</sup>	Nov	2025
Weekend 3	29 <sup>th</sup> /30 <sup>th</sup>	Nov	2025
Weekend 4	17 <sup>th</sup> /18 <sup>th</sup>	Jan	2026
Weekend 5	14 <sup>th</sup> /15 <sup>th</sup>	Feb	2026
Weekend 6	14 <sup>th</sup> /15 <sup>th</sup>	Mar	2026
Weekend 7	11 <sup>th</sup> /12 <sup>th</sup>	Apr	2026
Weekend 8	9 <sup>th</sup> /10 <sup>th</sup>	May	2026
<b>Exam</b>	<b>5<sup>th</sup></b>	<b>Jun</b>	<b>2026</b>

### Advanced Diploma in Integrative CBT/REBT I

The Advanced Diploma in Integrative CBT/REBT I follows on from the Advanced Diploma in CBT and is designed to offer additional specialist training to allow students to think laterally and “out of the box”.

#### London (ADITLI1226)

Weekend 1	25 <sup>th</sup> /26 <sup>th</sup>	Jul	2026
Weekend 2	22 <sup>nd</sup> /23 <sup>rd</sup>	Aug	2026
Weekend 3	19 <sup>th</sup> /20 <sup>th</sup>	Sep	2026
Weekend 4	17 <sup>th</sup> /18 <sup>th</sup>	Oct	2026
Weekend 5	14 <sup>th</sup> /15 <sup>th</sup>	Nov	2026
Weekend 6	12 <sup>th</sup> /13 <sup>th</sup>	Dec	2027
Weekend 7	23 <sup>rd</sup> /24 <sup>th</sup>	Jan	2027
Weekend 8	20 <sup>th</sup> /21 <sup>st</sup>	Feb	2027
<b>Exam</b>	<b>19<sup>th</sup></b>	<b>Mar</b>	<b>2027</b>

### Year 3

#### Advanced Diploma in Integrative CBT/REBT II

This course is open to all students who have successfully completed the Advanced Diploma in Integrative CBT/REBT I. It integrates Psychodynamic concepts and hypnosis within the REBT process.

#### London (ADITLII927)

Weekend 1	5 <sup>th</sup> /6 <sup>th</sup>	Jun	2027
Weekend 2	3 <sup>rd</sup> /4 <sup>th</sup>	Jul	2027
Weekend 3	31 <sup>st</sup> /1 <sup>st</sup>	Jul/Aug	2027
Weekend 4	4 <sup>th</sup> /5 <sup>th</sup>	Sep	2027
Weekend 5	2 <sup>nd</sup> /3 <sup>rd</sup>	Oct	2027
Weekend 6	30 <sup>th</sup> /31 <sup>st</sup>	Oct	2027
Weekend 7	27 <sup>th</sup> /28 <sup>th</sup>	Nov	2027
Weekend 8	15 <sup>th</sup> /16 <sup>th</sup>	Jan	2028
<b>Exam</b>	<b>3<sup>rd</sup></b>	<b>Mar</b>	<b>2028</b>

## Fees

Our Diploma courses are subject to discounts if paid in full and for two or more courses. We also offer a payment by instalment option to help students manage their budget. As our courses are competitively priced many of our students have had them funded by their employers.

<b>Diploma in CBT/REBT</b>	£1725.00 (inc. VAT)
<b>Advanced Diploma in CBT/REBT</b>	£2280.00 (inc. VAT)
<b>Advanced Diploma in Integrative CBT/REBT I</b>	£2280.00 (inc. VAT)
<b>Advanced Diploma in Integrative CBT/REBT II</b>	£2280.00 (inc. VAT)

### Discounts on the Diploma and Advanced Diploma courses

5% discount for full payment of two courses or more.

### Instalment payment option

We also offer payment by instalment. Three instalment payments of £608.33 are made for the Diploma, upon formal acceptance and before weekend 1, weekend 2 and weekend 5 and four instalment payments of £595.00 for the Advanced courses, before weekend 1, weekend 3, weekend 5 and weekend 7. Please note the instalment option incurs an additional £100.00 administration charge across the payments.

- **Counselling Skills and Ethics Attendance Based Course** £575.00 (inc. VAT)
- **Counselling Skills and Ethics Blended Learning Course** £475.00 (inc. VAT)

**Please note: fees are correct at the time of printing and may be subject to change.**